

SKILLS CHECKLIST - GRADE ONE

Teacher Name: _____

Year: _____

T – Skill Taught

N – Skill Not Taught

STRAND I – MESSAGE		
A. GOD IN CREATION	T	N
1. Create a list showing ways God is present in creation.		
2. Recognize that God made the world as a gift for all people.		
3. Recognize that God is good and loves all creation.		
4. Summarize the story of creation and discuss how it shows God's love for us.		
5. Identify that God created human beings capable of knowing and loving Him.		
6. Explain that people have free will and are responsible for their decisions.		
7. Retell the story of original sin, how Adam and Eve disobeyed God and the need for a Savior.		
8. Evaluate ways to make choices that demonstrate our love for God.		
9. Verify that our natural resources require care to preserve them.		
10. Discuss being good stewards of creation and our responsibility to help keep our world good and beautiful.		
11. Perform activities that show care for God's Creation (Catholic Social Justice Teachings – Care for God's Creation).		
B. GOD, OUR FATHER AND CREATOR	T	N
1. Recall that God, the Creator of all things, made us in His image and likeness.		
2. Identify what makes human beings unique among all of creation.		
3. Explain that God promised to love and care for us always no matter what we do.		
4. Describe how God loved humankind so much that he sent Jesus, His Son, to save all people by reconciling us to Himself.		
5. Recall that God invites our love in return.		
6. Recognize that in His love, God gives us special people to guide, care for, and teach us. (parents, caregivers, teachers, clergy)		
7. Indicate that God the Father is the first person of the Trinity.		
8. Express their belief in God's care for people today.		
9. Value God as a good Father.		
10. Outline ways to show love for God by expressing His goodness in all we do.		
C. JESUS, OUR BROTHER AND SAVIOR	T	N
1. Explain key events in Jesus' life by listening to and reading stories in the Bible.		

2. Verify that Jesus is both God and man because God is His Father and Mary is His mother.		
3. Recognize that Jesus suffered, died, and rose for us.		
4. Value the crucifix as a sign of Jesus' love for us.		
5. Explain that the Sign of the Cross is a blessing and a sign that Jesus' friends use to express their love for him.		
6. Indicate that Jesus is the second person of the Trinity.		
7. Identify Jesus as our teacher, friend and brother.		
8. Value Mary as Jesus' Mother and our mother.		
9. Explain that Jesus had helpers in his mission – the apostles.		
10. Verify that we are all called to be Jesus's helpers.		
11. Explain that in the Church there are people who share in Jesus' work in a special way. Priests Deacons Religious Sisters and Brothers		
12. Identify ways to help others as Jesus did.		
13. Indicate that when we do wrong, Jesus still loves us and will forgive us.		
14. Explain that at the Last Supper Jesus offered his life to his Father.		
D. THE HOLY SPIRIT	T	N
1. Explain that the Father and Son share the Spirit with us.		
2. Identify the Three Persons of the Trinity as One.		
3. Identify the Holy Spirit as the third person of the Trinity.		
4. Explain that Jesus sent the Holy Spirit on Pentecost to help us.		
5. Explain the special gifts of faith, hope, and love and describe how we can grow in these virtues.		
6. Reflect on the Glory Be to the Father and learn how to pray it.		
STRAND II – WORSHIP		
A. SACRAMENTS, MEETING GOD THROUGH JESUS	T	N
1. Express the meaning of the word "sacrament."		
2. Connect the sacraments of Baptism and Eucharist with the Bible stories that relate their beginnings.		
3. Identify Baptism as a sacrament through which we become children of God and members of the Catholic Church.		
4. Explain that each "child of God" is called to know, love and serve God.		
5. Recall the words from the rite of Baptism, "I baptize you in the name of the Father and of the Son and of the Holy Spirit."		

SKILLS CHECKLIST - GRADE ONE CONTINUED

6. Compare being a Christian with spreading God's Word.		
7. Identify the Eucharist as a sacrament through which we receive the Body and Blood of Jesus in Holy Communion.		
8. Recall the words that Jesus spoke, "This is My Body, this is My Blood."		
9. Identify some of the holy objects in a Catholic church building and understand their purpose.		
B. PRAYER	T	N
1. Execute reverently making the Sign of the Cross.		
2. Prayerfully recite the Our Father, Hail Mary, Glory Be and Angel of God.		
3. Identify ways in which we show reverence in God's presence.		
4. Explain that prayer is talking to God and can be done at any time and in any place.		
5. Explain that prayer is talking and listening to God.		
6. Participate in prayer experiences that include; praise, thanksgiving, blessing, adoration, intercession and petition in individual, and communal settings.		
7. Compose a prayer as an individual and as a class.		
C. MASS	T	N
1. Describe Mass as consisting of two parts; the Liturgy of the Word and the Liturgy of the Eucharist.		
2. Differentiate the Liturgy of the Word as the part of Mass in which God speaks to us through Bible readings and the homily.		
3. Differentiate the Liturgy of the Eucharist as the part of Mass in which Jesus is present in the Bread and the Wine.		
4. Explain that through his apostles and priests, Jesus gives us himself in Holy Communion.		
D. LITURGICAL YEAR	T	N
1. Outline the liturgical seasons and Holy Days throughout the Liturgical year. a. Advent – prepare an Advent celebration. b. Christmas – enter into the spirit of the Christmas Story. c. Lent – spend quiet time with Jesus. d. Holy Thursday and Good Friday – encourage participation in Holy Thursday and Good Friday services. e. Easter – celebrate New Life in the Church. f. Saints' Day – honor the saints for living lives of love.		
2. Describe saints as ordinary people whose love for God and others is extraordinarily strong.		
3. Share stories of the saints. (St. Martin of Tours, St. Therese of Lisieux, St. Lucy [Santa Lucia], St. Peter, St. Martin de Porres, for example.)		

E. BIBLE	T	N
1. Explain that the Bible is divided into two parts, the Old and New Testaments.		
2. Describe that part of the New Testament consists of the four Gospels, the Good News of Jesus Christ.		
3. Explain that the Bible is God's Word and teaches us about Him and about how to live.		
4. Retell the Bible stories of creation, birth of Jesus and the Easter story.		
5. Identify that we can learn about God from the Bible.		
F. MARY, OUR MOTHER	T	N
1. Reflect on Mary's love of God and her "yes" response to God's invitation to be the mother of Jesus.		
2. Learn the Hail Mary and recite it with reverence.		
3. Reflect on Mary as the model for all Christians.		
4. Identify Mary as the Mother of the Church.		
STRAND III – COMMUNITY		
A. HUMAN FAMILIES	T	N
1. Explain that God created many kinds of people and families who have the right to be loved, respected and supported. (Rights of Children: Right to be Respected As Individuals).		
2. Explain that the Holy Family and the saints provide models for our behavior.		
3. Reflect on the simple, loving lifestyle of the Holy Family.		
4. Explain that God, in His love, provides parents, guardians, godparents, teachers, priests and other leaders to help us learn to love.		
5. Reflect on the Social Justice Teaching: the Call to Family, community, and Participation.		
B. THE CHURCH, THE FAMILY OF GOD	T	N
1. Identify the Church as the family of God whose members include all Christians.		
2. Verify that the Church teaches us to love God and care for others through listening to God's stories, celebrating community and giving thanks.		
3. Defend that as Catholics we are called to follow Jesus.		
4. Explain that Baptism makes each one of us a member of the Church.		
5. Evaluate the importance of participating in the weekly celebration of the Mass.		
6. Explain that the Pope is Jesus' visible representative on earth.		
STRAND IV – SERVICE		
A. STEWARDSHIP	T	N
1. Compare and contrast ways in which God's people throughout the world are the same and different.		

