

SKILLS CHECKLIST - GRADE FOUR

Teacher Name: _____

T – Skill Taught

N – Skill Not Taught

STRAND I – MESSAGE		
A. SCRIPTURE	T	N
1. Value Scripture as God's revelation and guide to us.		
2. Describe that the Church and Sacred Scripture teach us what to believe and how to live what we believe. (CCC: 131, 132, 133)		
3. Read Bible stories and reflect on their message to us today.		
4. Describe how the Bible has helped people know what to do in various situations in their lives.		
5. Demonstrate physical reverence for the Bible as Sacred Scripture – the Word of God.		
6. Describe how God reveals himself through Jesus.		
7. Explain that faith is a gift from God.		
8. Describe how we grow closer to Jesus by reading Sacred Scripture.		
9. Discuss the two parts of Sacred Scripture: Old Testament and New Testament.		
10. Explore the books of the Old Testament.		
11. Explore the books of the New Testament.		
12. Explain that God's love is revealed in both the Old and New Testaments.		
B. TEN COMMANDMENTS	T	N
1. Summarize the Two Great Commandments given to us by Jesus.		
2. List the Ten Commandments and explain their meanings.		
3. Locate the Ten Commandments in the Bible.		
4. Discuss how the Two Great Commandments are related to the Ten Commandments. (CCC 2055)		
5. Explain the Ten Commandments in relation to everyday life. (CCC 2135)		
6. Distinguish between "right" and "wrong" in relation to the Ten Commandments.		
7. Explain the purpose of prayer and the many ways in which we can pray.		
8. Reflect on the role of Jesus in helping us to live our life according to the Ten Commandments.		
C. THE BEATITUDES	T	N
1. Read and reflect on the Scripture account of Jesus giving us the Beatitudes in Matthew's Gospel.		
2. List the Beatitudes and explain the meaning of each.		
3. Explain how the Beatitudes are a guide to happiness, both in this life and in the life to come.		
4. Discuss the fact that we are called to imitate Jesus by showing concern for others and by trying to relieve their suffering.		

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5. Explain that, in imitating Jesus, we are called to be peacemakers.		
STRAND II – WORSHIP		
A. SACRAMENTS AND LITURGY	T	N
1. Reflect on how the sacraments of Baptism, Holy Eucharist, and Reconciliation help a person live a good and holy life.		
2. Review the steps in celebrating the Sacrament of Reconciliation.		
3. Participate in the Mass and the reception of Holy Eucharist in order to more fully live as Jesus taught us.		
4. Review the spirit and attitude with which one should receive Holy Communion.		
5. Recognize that the use of Sacred Scripture is the focus of the Liturgy of the Word.		
6. Compare and contrast the bible and the lectionary used at Mass.		
7. Demonstrate proper etiquette and rituals of the Mass. (For example: genuflecting, bowing, praying hands, receiving Communion, etc.)		
8. Explain Benediction of the Blessed Sacrament.		
B. PRAYER	T	N
1. Use personal prayer and communal prayer to talk to God.		
2. Recognize the need for both personal prayer and prayer with the Christian community.		
3. Prepare and lead others in prayer using Scripture and traditional prayers.		
4. Recognize the <i>Liturgy of the Hours</i> as the universal prayer of the Church.		
5. Discuss the Lord's Prayer and the fact that Jesus gave us this prayer.		
6. Recognize that they can unite their prayers, works, joys, and sufferings with the prayer of Jesus by praying the Morning Offering.		
7. Explain that the Angelus is a prayer honoring the Annunciation.		
8. Recognize the Litany of the Saints and other litanies as traditional prayers used in the Church.		
9. Explain the mysteries of the Rosary; Joyful, Sorrowful, Glorious, and Luminous. (CCC 971)		
10. Participate in the praying of the Rosary. (CCC 971)		
11. Learn prayers by heart.		
12. Celebrate Advent, Christmas, Lent, Triduum, Easter, and Ordinary Time with both the school and Church community. (CCC 1163)		
13. Explain that according to Christian Tradition there are three major expressions of prayer: vocal, meditative, and contemplative.		

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14. Identify <i>Lexio Divina</i> as a form of meditative/ contemplative prayer.		
15. Explain the need for “composure of heart” in times of prayer.		
C. SACRAMENTALS	T	N
1. Identify and explain a Sacramental as an object, a prayer, or a blessing given by the Church to help us grow in our spiritual life.		
2. Explain that Sacramentals can be material things (blessed objects, such as a scapular, rosaries, crucifixes, medals, Holy Water, etc.) or actions (the Sign of the Cross, genuflection, prayers, the washing of the feet on Holy Thursday, pilgrimages, relics, processions, etc.).		
D. LITURGICAL YEAR	T	N
1. Recall the liturgical seasons of the year and the colors and symbols used for each.		
2. Explain the meaning of each season in the Church year.		
3. Identify the six Holy Days of Obligation celebrated in the United States.		
4. Explain Advent as a season of preparing our hearts for Christ to dwell with us.		
5. Explain the Christmas Season as a time when we welcome Christ into our hearts.		
6. Identify Lent as a time to reflect on our personal habits that may need to be changed in order to grow in relationship with Jesus.		
7. Explain that Lent is a time of prayer, fasting, and almsgiving in preparation for Easter.		
8. Discuss the Easter Triduum - Holy Thursday, Good Friday, and Holy Saturday.		
9. Explain how to pray the <i>Stations of the Cross</i> .		
10. Explain the relationship between the Sacrament of Baptism and Christ’s Paschal Mystery.		
11. Explain the feast of Pentecost as the coming of the Holy Spirit upon the Apostles and discuss the importance of the Holy Spirit in our lives.		
12. Discuss the fruits of the Holy Spirit: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, modesty, and chastity.		
13. Reflect on the various feasts honoring Mary, God’s Mother and ours.		
14. Explain that we celebrate the lives of Saints with many feasts during the liturgical year.		
STRAND III – COMMUNITY		
A. THE WORSHIPPING COMMUNITY	T	N
1. Participate in and celebrate Mass with the Church Community.		
2. Discuss how we grow closer to Jesus by participating in the celebration of Mass.		
3. Identify key people of the Church: pope, cardinal, bishop, priest, vowed religious and laity. (CCC 880)		

4. Explain that, through the authority given by Jesus, the Pope has the power to govern the Church.		
5. Explain that the Holy Spirit guides the Church and keeps her from errors in matters of faith.		
6. Recognize that the message of the Church is the good news of Jesus.		
7. Explain that God speaks to his people, the Church, through his ordained ministers.		
8. Discover different ministries in the worshipping community and ways each serves the Church: choir, directors of religious education, Eucharistic ministers, lectors, servers, ushers, youth ministers, etc. (CCC 1143)		
9. Identify the Eucharist as a sign of unity. (CCC 1382)		
10. Restate in their own words how they are members of one body, the Church.		
11. Discuss the statement from the Rights of Children: <i>All children have the right to a Catholic community that witnesses to Christ and the gospel by protecting them from child abuse, including sexual abuse and neglect.</i>		
B. CHRISTIAN LIFE	T	N
1. Identify ways that the Church guides us in choosing to know, love, and serve God and others. (CCC 1877)		
2. Discuss ways that the people of God live out the Ten Commandments and the Beatitudes.		
3. Describe ways to show the love and goodness of Jesus in their lives.		
4. Discuss ways that, as a Christian, each of us is called to show love and concern for others.		
5. Identify the various communities to which we belong. For example: Church, diocese, parish, school, family.		
C. MARY AND THE SAINTS	T	N
1. Read stories about the saints and holy people.		
2. Recognize and explain how Mary, the saints, and holy people guide us to know, love, and serve God and others.		
3. Discuss how, by imitating the saints and holy people, we can come closer to Jesus.		
4. Celebrate the various feasts of Mary in a special manner.		
STRAND IV – SERVICE		
A. CHRIST’S MISSION AND MINISTRY	T	N
1. Explain that through our Baptism we are called to continue Christ’s mission and ministry. (CCC 1269, 1270)		
2. Describe how to respond to given situations in light of trying to live according to the Gospel.		
3. Analyze how we use our gifts and talents in daily living out the Ten Commandments and Beatitudes.		
4. Explain personal and social responsibilities. (Catholic Social Justice Teachings)		

