



St. Angela Merici Coaches Expectations

In addition to the guidelines that are established by CYO, SAM Coaches are expected to:

- Represent SAM sports, parish and school in a positive way
- Exemplify the highest moral character, behavior and leadership
- Set a good example for the athletes, parents and fans
 - Refrain from arguments in front of athletes, parents and fans
 - Do not make inappropriate gestures
 - Do not throw objects in disgust
- Respect the integrity and judgment of the game officials
- Teach and practice good sportsmanship
- Treat opposing coaches, athletes, parents, fans and administrators with respect
- Be reasonable when scheduling practices, games, and scrimmages. Remembering that these are grade school athletes that have other interests and obligations
- Teach the athletes to play fairly and to respect the game, officials and opponents
- Ensure all athletes get equal instruction, support and opportunities to succeed
- Treat the athletes with respect. Do not ridicule or berate them for making mistakes or performing poorly
- Be generous with praise

A couple of rules to remember:

- It is mandatory that there are a minimum of two (2) adults at all practices, games and scrimmages. At no point should you be the only adult with the athletes.
- Coaches will not drive or escort an athlete home without the parents/guardians prior approval and without at least one additional person present
- Head coaches at the grade school level must be at least 19 years old
- Assistant coaches at the grade school level must be at least 16 years old
- Head coaches at the high school level must be at least 25 years old
- Assistant coaches at the high school level must be at least 18 years old
- All coaches must be VIRTUS trained